**Sample Research Opportunities Direct to Patient Recruitment Letter**

**(A single letter signed by the researcher)**

Joan R. Patient

29 High Street

Boston MA

Dear Ms. Patient,

You have indicated that you wished to receive announcements about clinical research studies directly from Partners researchers. Below is information about a research study which may interest you.

**OPTIONAL:** We are contacting you because **fill in, e.g., you recently had a blood clot in your leg, you have asthma**. **NOTE TO INVESTIGATOR**: CONSIDER CAREFULLY whether patient agrees they have this diagnosis, knows about the testing result etc.]

**ADD STUDY SPECIFIC INFORMATION:** We are studying environmental and genetic causes of diabetes*.* Diabetes may run in certain families, but many other things like diet and exercise can influence a person's risk of developing this disorder. This research project is designed to find out whether diabetes in some people can be linked to specific genes (genes are made up of DNA, inherited from your parents, and passed on to your children).

We are looking for patients under 40 years old, withdiabetes, who have a brother or sister who also has diabetes. Participation would involve 2 visits to the Clinical Research Center at Mass. General, each lasting about half a day. There are no medications involved. Participation includes a dietary evaluation, questionnaires, a medical and family history, a physical exam by a study doctor and blood and urine tests. Researchers will isolate your DNA from one of your blood samples, so they can look at genes that seem to be associated with diabetes. As part of the study you will be asked to contact close family members to see if they would also like to participate. Even if they don't want to participate, your participation is still important to us. People who complete the entire study will receive $100 for their time. The study will also pay for parking for necessary visits, and for lunch during visits.

You will not receive any personal health benefits as a result of your participation in this research study. We hope that the results will help us understand diabetes better, and benefit patients with diabetes in the future

Please contact the study coordinator Jane Helper, RN, at 617‑724‑XXXX if you would like to learn more about the study. Your participation is voluntary. Whether you participate or not will have no effect on the medical care you receive here at Massachusetts General Hospital.

If you are definitely NOT interested in THIS study, and don’t want to hear more about it, please call study coordinator Jane Helper, RN, at 617-724-XXXX. If we do not hear back from you within two weeks, we may call to see if you wish to hear more about the study.

To no longer receive direct mailings from researchers at Partners, please call 866-391-7030.

Thank you in advance for considering this request.

Sincerely,

Jane Q. Expert, MD

Diabetes Research Unit

(617) XXX-XXXX