



SUBSTANCE ABUSE

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LEARNING OBJECTIVES

After working through this program, you should be able to:

- List the five substances most commonly abused by physicians
- Cite the recovery rate for physicians with substance abuse or dependence who enter treatment and are monitored for 5 years
- Recognize common indicators, signs, and symptoms of substance abuse in residents
- Describe the medico-cultural factors relative to substance abuse in physicians (e.g. conspiracy of silence, denial, etc.)
- Anticipate the favorable treatment outcomes of substance abuse in physicians
- Outline the types of policies and procedures program directors should have in place for prevention, identification, and management of substance abuse
- List resources available for residents with substance abuse problems
- Discuss strategies for creating a non-punitive, collegial culture