What Equipment Will I Need?

You will need to purchase pump tubing set which is compatible to our pumps. An insulated carrier with an ice pack to transport the milk home is necessary, as breast milk must be kept cool.

To purchase tubing for Symphony pumps please contact:

MGH: Gift Shop 617-726-2227
Medela: 1-800-435-8316 (to locate a Medela dealer nearest you)

The Mothers' Corner is a program for MGH, BWH, BWFH, Partners and MGH Institute of Health Professions employees and students returning to work and classes after maternity leave. The Mothers' Corner provides new mothers with the opportunity to continue breastfeeding while back at work and school. An efficient, electric breast pump is provided in a private, comfortable room so working mothers can express their milk while at work or school.

What are the Benefits of Breastfeeding and Working?

Breast milk is the feeding method of choice recommended by the American Academy of Pediatrics. Breast milk is nature's own food for the infant that is uniquely formulated with protein, fat, minerals, vitamins, and calories. It is easier to digest, and is less allergenic. Breast milk also contains many immunological factors that protect babies from infections. Fewer illnesses occur in breastfed babies during the first year of life.

The benefits of breastfeeding extend to the mother as well. Breastfeeding helps the mother get back into shape quicker, decreases the risk of breast cancer, and enables mothers to feel physically closer to their baby. Breastfeeding is less costly than formula and more convenient as well.

QUOTES:

"Using the Mothers' Corner eased the transition back to work for me".

"It was the best and quickest way to reconnect with my baby after working."

"I counted on the Mothers' Corner when I returned to work after having my second child. I didn't want to wean him early, and using the pump allowed me to continue nursing."

"The room is cozy and warm...quite a relaxing place to be".

"My son was a preemie, weighing under 4 1/2 pounds at birth. He has caught up, and is now a normal weight. He is healthy and hasn't had any ear infections or serious illnesses. I'm sure breast milk had something to do with that. The Mothers' Corner is a great advantage!"

Lactation Rooms
Please contact the EAP one week in advance for an orientation.

Partners Employee Assistance Program
1-866-724-4EAP
www.eap.partners.org

Partners is an award-winning lactation-support program. The mothers' corner provides new mothers with the opportunity to continue breastfeeding while back at work and school. An efficient, electric breast pump is provided in a private, comfortable room so working mothers can express their milk while at work or school.

The benefits of breastfeeding extend to the mother as well. Breastfeeding helps the mother get back into shape quicker, decreases the risk of breast cancer, and enables mothers to feel physically closer to their baby. Breastfeeding is less costly than formula and more convenient as well.

An Award-Winning Lactation-Support Program
How much time will it take to pump?

The average length of time needed is about 15 to 20 minutes. Most mothers use the Mothers’ Corner on their morning or afternoon break, or during lunchtime.

How can I learn more about the Mothers’ Corner?

If you are interested in using the Mothers’ Corner, call the EAP at 617-726-6976. Please call one week in advance to schedule a brief orientation. Staff is available for any questions or concerns. BWH and MGH also have lactation consultants.

When are the Mothers’ Corner locations available?

The locations have 24-hour access with the exceptions of Revere (Mon.–Fri. 8:30 a.m.–5 p.m., Sat. 8:30 a.m. – 12:30 p.m.) and BWH Tower (7:30am – 8pm).

MGH Institute of Health Professions (Mon.-Fri. 8:00 am - 7:00 pm), MGH Bigelow 952T (7:30am-5:00pm).

*Most of our lactation rooms have Symphony pumps by Medela.

- **BWH**
  - **Main Campus**
    1. **Connors Center for Women, CWN**
       6th Floor, Room 612A.2 (staff and patients)
    2. **Tower** 3rd Floor, Room 3A04
    3. **Tower** 4th Floor, Room 1A8 (days only)
    4. **Tower** 7th Floor, Room 743
    5. **Tower** 14th Floor, Room 1442
    6. **Tower** 15th Floor, Room 1526
  - **60 Fenwood Road (BTM Bldg)**
    Level 3, Room 03004
  - **77 Louis Pasteur Ave**
    2nd Floor, Room 251
  - **221 Longwood Ave**
    Room BL250A
  - **850 Boylston Street**
    2nd Floor, Room 204E
  - **One Brigham Circle**
    3rd Floor, Room BC-3-024
  - **Crosstown**
    5th Floor, Room 5102
  - **Emanuel College Alumni Hall**
    41 Avenue Louis Pasteur
  - **Faulkner Hospital (BWFH)**
    3rd Floor (across from cafeteria)
  - **Foxboro**
    20 Patriot Place, 3rd Floor
  - **Shapiro Cardiovascular Center**
    8th Floor –Room 08126

- **MGH**
  - **101 Merrimac Street**
    Room 334
  - **Main Campus**
    1. **Bigelow** 9th Floor, Room 952T
    2. **Bigelow** 12th Floor, Room 1221
    3. **Bulfinch** 1st Floor, Room 109
    4. **Wang** 2nd Floor, Room 233
    5. **Yawkey** 4th Floor, Room 4498
  - **Chelsea HealthCare Center**
    1st Floor, Radiology Department
  - **CNY – MGH East**
    4th Floor, Room #4014
  - **Danvers**
    Pre-Surgical Screening 1st Floor
  - **IHP (Institute of Health Professions)**
    Building 36, Room 114
  - **Nashua Street**
    1. 1st Floor, Room 1114
    2. 7th Floor, Room 7121
  - **Revere Health Center, 3rd Floor**
    OB/GYN Dept.
  - **Simches Research Center**
    1. 1st Floor, Room 1N-03A
    2. 3rd Floor, Room 3128 & 3148
    3. 7th Floor Library

- **PHS**
  - **100 Cambridge Street**
    20th Floor, Quiet Room #2027
  - **Assembly Row**
    Rooms 2E25, 3E47, 4E66, 5E64, 6E76, 7E74, 8E76, 9E65, 10E75, 11E64, 12E63 and 13E66
  - **Lafayette Place**
    2nd Floor, Room 2F (column S31)