Text Button A

LEARNING OBJECTIVES

After working through this program, you should be able to:

• Describe the signs, symptoms, and consequences of burnout

• Identify characteristics in the individual, the work environment, and the family that increase the risk of burnout

• Select management techniques to help prevent, identify, or alleviate burnout

• Contrast the challenges residents face in life with those they face in residency programs

• Identify the signs and symptoms of career uncertainty in a resident

• Compare management strategies appropriate for residents with career uncertainty