

MGH BACKUP CHILD CARE CENTER LUNCH MENU



Date: _____

Child's Name: _____

Choice of Beverages

Whole Milk Low-fat Milk Chocolate Milk Apple Juice Grape Juice
Vanilla Soy Milk

Choice of Sandwiches

Chicken Salad Sandwich	White Bread	or	Wheat Bread
Cream Cheese and Jelly Sandwich	White Bread	or	Wheat Bread
Tuna Salad Sandwich (solid white tuna w/ mayo)	White Bread	or	Wheat Bread
Sliced Turkey Sandwich	White Bread	or	Wheat Bread
Egg Salad Sandwich	White Bread	or	Wheat Bread
American Cheese Sandwich	White Bread	or	Wheat Bread

Have it your way: slice of cheese, lettuce or tomato

Condiments: butter, mayonnaise, ketchup, mustard

Choice of Fruits/Vegetables

Canned Sliced Peaches	Applesauce	Carrots and Ranch Dressing
Banana	Grapes	Apple slices w/ Yogurt Dip

Desserts

Chocolate Chip Cookie	Jello	Yogurt
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