Date:______________________________

Child’s Name:______________________________

Choice of Beverages

- Whole Milk
- Low-fat Milk
- Chocolate Milk
- Apple Juice
- Grape Juice
- Vanilla Soy Milk

Choice of Sandwiches

- Chicken Salad Sandwich: White Bread or Wheat Bread
- Cream Cheese and Jelly Sandwich: White Bread or Wheat Bread
- Tuna Salad Sandwich (solid white tuna w/ mayo): White Bread or Wheat Bread
- Sliced Turkey Sandwich: White Bread or Wheat Bread
- Egg Salad Sandwich: White Bread or Wheat Bread
- American Cheese Sandwich: White Bread or Wheat Bread

Have it your way: slice of cheese, lettuce or tomato

Condiments: butter, mayonnaise, ketchup, mustard

Choice of Fruits/Vegetables

- Canned Sliced Peaches
- Applesauce
- Carrots and Ranch Dressing
- Banana
- Grapes
- Apple slices w/ Yogurt Dip

Desserts

- Chocolate Chip Cookie
- Jello
- Yogurt