

Diagnostic Criteria for 292.0 Nicotine Withdrawal

- A. Daily use of nicotine for at least several weeks.
- B. Abrupt cessation of nicotine use, or reduction in the amount of nicotine used, followed within 24 hours by four (or more) of the following signs:
 - a. Dysphoric or depressed mood
 - b. Insomnia
 - c. Irritability, frustration, or anger
 - d. Anxiety
 - e. Difficulty concentrating
 - f. Restlessness
 - g. Decreased heart rate
 - h. Increased appetite or weight gain
- C. The symptoms in Criterion B cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.
- D. The symptoms are not due to a general medical condition and are not better accounted for by another mental disorder.